

# EXACT EYE CARE - Medical History



Name \_\_\_\_\_ (Please Print)      DOB \_\_\_\_\_      Gender: M / F  
 Are you covered by Medicaid / Medicare (circle)      Age \_\_\_\_\_      Today's Date \_\_\_\_\_

We appreciate referrals, who may we thank for referring you to Exact Eye Care? \_\_\_\_\_

**VISUAL SYMPTOMS** (Please indicate any problems you are currently having with your current spectacles or contacts)

|   |                                      |  |  |
|---|--------------------------------------|--|--|
| <input type="checkbox"/> Blur at distance (Driving) | <input type="checkbox"/> Itchy Eyes  | <input type="checkbox"/> Eye Pain      | <input type="checkbox"/> Glare / Halos   |
| <input type="checkbox"/> Blur at near (Reading)     | <input type="checkbox"/> Red Eyes    | <input type="checkbox"/> Burning Eyes  | <input type="checkbox"/> Seeing Floaters |
| <input type="checkbox"/> Difficulty seeing at night | <input type="checkbox"/> Watery Eyes | <input type="checkbox"/> Headaches     | <input type="checkbox"/> Seeing Flashes  |
| <input type="checkbox"/> Light Sensitivity          | <input type="checkbox"/> Dry Eyes    | <input type="checkbox"/> Double Vision | <input type="checkbox"/> Other           |

**REVIEW OF SYSTEMS** - do you have problems with any of the following (if yes, please circle or list)

|                          |                          |   |
|--------------------------|--------------------------|---|
| Yes                      | No                       | <input type="checkbox"/> <input type="checkbox"/> <b>Eyes</b> -- Glaucoma / Cataract / Lazy Eye / Retina Disease / _____                |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Endocrine</b> -- Diabetes / Thyroid Problems / _____                               |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Cardiovascular</b> -- High Blood Pressure / High Cholesterol / Heart Disease _____ |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Constitutional</b> -- Fever / Weight Loss / Weight Gain / _____                    |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Ear, Nose, Throat, Mouth</b> -- Sinus Problems / Sore Throat / _____               |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Respiratory</b> -- Cough / Asthma / Emphysema / _____                              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Gastrointestinal</b> -- Diarrhea / Reflux / Pain / _____                           |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Genitourinary</b> -- Kidney Problems / Prostate Problems / _____                   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Integumentary</b> -- Skin Dryness / Rosacea / _____                                |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Musculoskeletal</b> -- Arthritis / Joint Pain / Swollen Joints / _____             |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Neurological</b> -- Numbness / Headaches / Nausea / Multiple Sclerosis / _____     |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Hematological/Lymphatic</b> -- Blood Disorders / Leukemia / Anemia / _____         |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Allergic/Immunologic</b> -- Hay Fever / Seasonal Allergies / _____                 |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Psychiatric</b> -- Depression / Anxiety / ADHD / _____                             |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Others</b> -- Cancer / _____   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> <b>Women</b> -- Pregnant / Nursing / _____  |

**PAST HISTORY** - please list past injuries or surgeries:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**MEDICATIONS** - please list any medications you take

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Family Physician Name:** \_\_\_\_\_

**Medication Allergies:** \_\_\_\_\_

**FAMILY HISTORY** - Do your family members have any of the following

|                          |                          |  |                          |                          |  |                          |                          |   |
|--------------------------|--------------------------|--|--------------------------|--------------------------|--|--------------------------|--------------------------|---|
| Yes                      | No                       | <input type="checkbox"/> <input type="checkbox"/> Glaucoma             | Yes                      | No                       | <input type="checkbox"/> <input type="checkbox"/> Diabetic Retinopathy | Yes                      | No                       | <input type="checkbox"/> <input type="checkbox"/> Diabetes            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> Macular Degeneration | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> Retinal Detachment   | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> High Blood Pressure |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> Cataracts            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> Blindness            | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> <input type="checkbox"/> Other               |

**SOCIAL HISTORY**

Yes No      Occupation: \_\_\_\_\_

Do you have prescription sunglasses?

Do you have more than 1 pair of current eyeglasses?

Do you use a computer?

Are you interested in discussing / wearing contact lenses?

Are you interested in discussing LASIK?

Yes No      Hobbies: \_\_\_\_\_

Do you smoke?

Do you drink alcohol?

Do you use drugs?

Dilation of the pupil is a common procedure used to better examine the inside of the eye. It allows us to detect and/or monitor conditions of the eye such as glaucoma and macular degeneration as well as diseases of the body such as diabetes and hypertension. Eyedrops used to dilate your pupils last 4 to 6 hours. Light sensitivity and blurred vision, especially at near, are common. There are few risks to this procedure.

Yes, perform a dilated exam       No, I decline dilation today       I want more information

**Patient's Signature** \_\_\_\_\_      **Date** \_\_\_\_\_

Reviewed On: date/initials \_\_\_\_\_